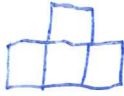
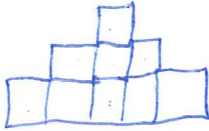




So, it takes 1 block to make 1 up and 1 down.



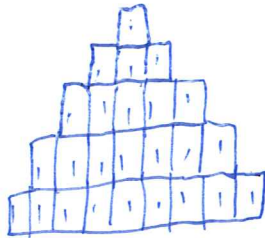
It takes 4 blocks to 2 up and 2 down.



It takes 9 blocks to make 3 up and 3 down.



It takes 16 blocks to make 4 up and 4 down.



It takes 25 blocks to make 5 up and 5 down. The way to figure out how many blocks you need is to multiply the number of steps up by itself (Or to square it.)

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